

ADVANCED TRAINING FOR MASTERY COACHING

unveiling the science to create transformative shift

This program will only be delivered by Master Certified Coach with active coaching practices means you will have the best training available, in both knowledge and practical application.

All too often our authenticity and potential obscured by our conditioning - limiting beliefs, distorted perspectives and reactive emotions - can fuel a sense of struggle and prevent us from being who we really are and doing what we truly want.

For sustainable transformation to occur, a deep level of awareness is necessary. It honors what is, while reaching deep within to find what is emerging. It opens up a new perspective allowing an individual to experience a different reality. It is evocative, drawing insights from within through the heightening of awareness to deepen learning.

One can expect to experience deep change because the accountability for positive change is placed solidly in the hands of the client through the process of heightening awareness and deepening learning.

Building on the Awareness-Clarity-Choice Conversation™ framework developed by Coach Masters Academy, [Advanced Training for Mastery Coaching](#) will prepare you to enable sustainable change that is adaptive in nature.

This is a mastery level of training where you will have the opportunity to step outside your comfort zone and challenge yourself to stretch beyond doing the learned techniques and science of coaching to embracing coaching as an art.

How does this Advanced Training support you in mastery coaching?

The most effective way to experience deep and lasting change is from the inside out. This challenges coaches to attune to the aliveness in the client so that they can offer a high quality of presence and connectedness to draw out the wisdom from within. It is a sacred moment that allows us to gain access to our innate capacity to live a fully empowered life with authenticity and courage.

Designed for advanced development, you learn how the transformative shift unfolds and in turn, learn how to use it to facilitate a more dynamic coaching process to invite, evoke and embrace change. You learn how to tap on the deepening learning experience arising from awareness in the moment to align to what is meaningful and important.

The framework is built on the three cornerstones of transformative coaching to co-create authentic change.

AWARENESS

Tuning in to what is emerging to discover and uncover our true wisdom from within

ALIGNMENT

Connecting to what is true at the deepest level, and to be congruent with our own.

ACCOUNTABILITY

Creating functional structure to reinforce belief and behavior

Upon completing this interactive learning, you will gain a better understanding of your own journey to coaching mastery. You will learn to trust your inner coach's compass guided by your intuition and perception. Most importantly, you you will learn how to access your own inner wisdom and increase your coaching impact.



Program Structure

This is a leading program to earn an ACTP certification where you can apply for ICF PCC Credential via the direct route. It comprises of five components targeting different learning.

Pre-Course Work

Pre-Course Reading Assignment and Reflection Paper.

Study Lab: 10 Sessions @ 2 Hours each

Dynamic Transformative Shift + Personal Mastery + Facilitating Clarity

Practical Lab: 10 Sessions @ 2 Hours each

This is an in-depth study exploring on the core competencies at the PCC level of coaching and you will learn how to employ a systematic approach to demonstrate the behaviors markers.

Peer Coaching: 4 Sessions @ 1.5 hours each

This provides a safe learning environment to demonstrate with your understanding and receive feedback from your course mates and Student Mentors.

Coaching Supervision: 12 Sessions @ 2 hours each

The purpose of practical coaching is to integrate the classroom learning to real-life application and at the same time to demonstrate coaching at PCC level.

Learning Lab

Understanding Transformative Shift

At the core of this module rests the idea that it is important to nurture thinking and make it visible. We will examine the role of intuition and perception and provide each participant with an opportunity to explore the coaching process more deeply. From the perspective of learning, this enables both the coach and the client to become intentional and masterful learners. Using our proprietary coaching framework, participants will develop advanced competence in attending and responding at the moment. This response to the client's language uncovers how meaning is constructed, and it is this emerging understanding that enables positive and sustainable change.

Personal Mastery: Inner Journey + Authentic Presence + Deep Listening

Cultivating an authentic presence is at the core of transformative coaching. By directing our awareness inwards to focus on the present moment, we become more aware of disempowering thoughts. This state of being allows us to suspend our agendas and judgments and witness the experience as it unfolds. It also enables coaches to expand their listening capacity to heighten their awareness and sensitivity to future opportunities.

Facilitating Clarity: Clean Language + Metaphorical Language

We are all a product of our learned behaviours imprinted on our subconscious mind, and it causes us to repeat patterns. These invisible ways of thinking are the underlying motivation for behaviours and are a rich resource for inviting change. As your client's attention shifts from their everyday experiences, they will naturally ease into a mindful, inner-focused state where their conscious and subconscious minds communicate through metaphor. The Clean and Metaphorical Language process is a technique designed to enable clients to discover more about their inner world and how they construct meaning. This is a powerful and organic way to extract understanding where your clients become aware of what they currently know and discover new things they do not already consciously know.

Unveiling the science

to create transformative shift
70 hours Advanced Training for **Mastery** Coaching

Requirement for Completion 145 Hours ACTP Accredited Certification

Transformative Coaching: Enabling Sustainable Change is a scalable program with two distinct levels of training that build on one another, taking students to mastery level competency. To qualify for the ACTP accreditation, the requirements are as follow:

- Complete the Pre-Course Reading Assignment
- Maintain 70% attendance for Study Lab and Practical Lab
- Attend 12 Coaching Supervision
- Complete 2 Marker Assessments
- Submit 2 Recording demonstrating PCC level of coaching

** participant is required to complete 1st Level Training or Bridge Program for non-CMA graduate*



Program **Schedule**

Jan 2021 Intake

6pm London | 7pm Johannesburg | 9pm Dubai

Learning Lab | Jan – Feb 2021

18, 19, 20 & 21 Jan	Understanding Transformative Shift
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2, 3 & 5 Feb	Personal Mastery
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17, 18 & 19 Feb	Facilitating Clarity
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Practical Lab | Mar – Apr 2021

1, 2, 3 & 4 Mar	Integrative Approach
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Coaching Agreement

Trust and Safety

Practice Session

15 & 16 Mar	Active Listening
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Practice Session

29 & 30 Mar	Powerful Asking
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Practice Session

13 & 14 Apr	Designing Action and Managing Accountability
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Practice Session

Peer Support | Mar – May 2021

Coaching Supervision | Jun – Jul 2021

Mentoring | May – Aug 2021

Program **Schedule**

Feb 2021 Intake | there are 2 different intakes where you can choose from
3pm Singapore | 7am London | 11am Dubai | 12.3pm Delhi | 6pm Melbourne | 8pm Auckland *
8.30pm Singapore | 12.30pm London | 4.30pm Dubai | 6pm Delhi

Learning Lab | Feb – Mar 2021

1, 2, 3 & 4 Feb	Understanding Transformative Shift
16, 17 & 18 Feb	Personal Mastery
1, 2 & 3 Mar	Facilitating Clarity

Practical Lab | Mar – Apr 2021

15, 16, 17 & 18 Mar	Integrative Approach
	Coaching Agreement
	Trust and Safety
	Practice Session
29 & 30 Mar	Active Listening
	Practice Session
5 & 6 Apr	Powerful Asking
	Practice Session
12 & 13 Apr	Designing Action and Managing Accountability
	Practice Session

Peer Support | Mar – May 2021

Coaching Supervision | Jun – Jul 2021

Mentoring | May – Aug 2021

* the daylight time will begin in 28 Mar 2021